# Tarpana for Devas, Rishis and Pitris

## **Regular Procedure**

By P.V.R. Narasimha Rao (www.VedicAstrologer.org)
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#### Introduction

External rituals are meant to create the internal visualization needed to affect desirable internal changes in the long run. For example, one offers a full coconut into fire as poornaahuti (complete offering) at the end of a homam (fire ritual). This is symbolic of surrendering one's head or ego (sense of I-ness) to god and burning it in the fire of wisdom and becoming free from ego. As one keeps engaging in this act again and again, the visualization becomes stronger and stronger and ego is slowly reduced.

One important ritual of Hinduism is tarpana. Tarpana means "satisfying" or "satiating". One acknowledges the debt one has to devas (gods), rishis (sages) and pitris (ancestral manes) and tries to satisfy them using this ritual. Just as gods are invoked in fire in a homam, pitris are invoked in water in this ritual, then held in the palm and released in a specific way conducive to freeing them.

One owes a lot to one's parents and ancestors. In modern scientific terms, one owes all of one's genetic characteristics to one's parents and ancestors. Each ancestor is actually present in the person as a genetic characteristic. In karmik terms, one inherits some karmas of one's parents and ancestors and each ancestor is actually present in the person as a kaarmik predisposition. The latter approach obviously extends to multiple lives and some karmik predisposition is inherited from the ancestors from a past life too, though they may not be related to one in this life.

By thinking of the deceased ancestors with gratitude and trying to give them an emancipation, one is actually trying to free oneself from various kaarmic predispositions that one has as a result of the rina (karmik debt) with several people. One can view this as an external event of satisfying and emancipating an external entity (a pitri). Alternately, one can view this as an internal event of satisfying and releasing an internal kaarmik predisposition. Ultimately, it is the latter. However, one needs to externalize first and perform external rituals, while thinking of what it means internally. This builds up one's visualization and slowly brings about internal changes and eventually the desired internal change itself. One with living parents also can perform pitri tarpanas for departed ancestors of this life and previous lives.

Two external spiritual sadhanas are particularly powerful, useful and recommended for every person desirous of fast spiritual progress:

- (1) Homam (fire ritual): Gods are invoked in fire and satisfied with offerings with mantras. Please see the homam website at <a href="http://www.VedicAstrologer.org/homam">http://www.VedicAstrologer.org/homam</a> for more. In the long run, a regular practice of this ritual increases the subtle fire burning inside one's subtle body, burns various impediments to spiritual progress and gives clarity, focus and stability to the mind.
- (2) Tarpana (water ritual): Gods, sages and manes are invoked in water and satisfied with emancipation given to them. In the long run, a regular practice of this ritual increases the release of various kaarmik predispositions and weaknesses that are blocking one's spiritual and material progress.

This document describes the procedure of pitri tarpana with the relevant mantras using a simple approach. This document is the **regular procedure**. There are also documents giving a **short procedure** and a **super-short procedure** for the benefit of those with time constraints or problem with Sanskrita language. Download them from <a href="http://www.VedicAstrologer.org/tarpana">http://www.VedicAstrologer.org/tarpana</a>.

#### When to Perform Tarpana

Tarpana can be performed on any day. In fact, it can be performed everyday also. If that is not possible, one can consider performing it every week or every fortnight or at least every month. One can perform this anywhere, but *ideally* not in the living area of one's house where people may sleep. It is fine to do it the front yard or back yard or balcony or terrace of one's house. Amavasya (new Moon) day or eclipse day or a Vyatipata yoga day and sankranthi (solar ingress) day or pitri paksha are very good times for performing tarpana. At those times, tarpana can be performed inside one's house also.

There are some restrictions. Tarpana with water containing sesame seeds (which is needed for pitris) should *not* be performed:

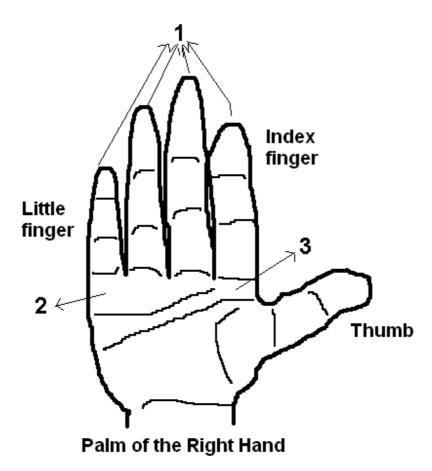
- (1) on a Sunday that has saptami tithi (7<sup>th</sup> day of the lunar fortnight),
- (2) on a Friday that has a nanda tithi (1<sup>st</sup>, 6<sup>th</sup> and 11<sup>th</sup> tithis of the lunar fortnights),
- (3) on a Sunday with Moon in Bharani, Krittika or Magha nakshatra, and,
- (4) on one's birthday.

On these days, tarpanas not requiring water with sesame seed can be performed, but not the ones requiring water with sesame seeds.

#### **Materials Needed**

One needs the following materials:

- (1) Water pot made ideally of gold, silver, copper, bronze, brass or panchalohas (five metals). It should ideally not be made of iron, steel or clay. However, it is better to make compromises when you have no suitable pot, than skipping the ritual altogether.
- (2) Some *akshatas* made by mixing uncooked plain white (or brown) rice grains with turmeric powder and a drop of ghee (clarified butter) or an oil. In the absence of turmeric powder, just plain rice grains can be used as akshatas. In the absence of rice grains, use a grain that is locally popular and available.
- (3) Black sesame seeds. Try your best to get them. If you cannot get them, use white or brown sesame seeds as a substitute. If you cannot get any of them, use akshatas (see (2) above) instead of sesame seeds.
- (4) Darbhas or kushas, a sacred grass. Each darbha has a sharp edge and a base. You need to hold three of them in your right palm, while holding and leaving water. If you do not have darbha, use a locally available grass. If that cannot be done, just ignore darbhas in all directions and proceed without them.
- (5) A ring made of darbha, known as pavitram, is to be worn on the right hand ring finger during the ritual. If that is not available, it is acceptable to wear any ring made of any gemstone or gold or silver. So wear some ring on the right hand ring finger. If that is not possible, proceed without it.



#### Sankalpam (vow)

While sitting cross-legged, the empty left-hand palm is placed on the right knee with the palm facing up. Some akshatas are taken in the right hand, it is closed and the closed fist of the right hand is placed on the left palm with the palm of the closed right fist facing down (towards the left hand palm). The following is recited to take a sankalpa (vow) to perform this ritual. It means "on this auspicious day and auspicious time, I shall perform tarpana to Devas, Rishis and Pitris to the best of my ability". After reciting it, the akshatas are dropped on the ground in front of one.

ওং অদ্য শুভ দিনে শুভ মুহুৰ্তে দেৱৰ্ষিপিতৃপ্ৰীংযৰ্থং দেৱৰ্ষিপিতৃতৰ্পণম্ যথাশক্তি করিষ্যে।

## Deva Tarpana

The first to be performed is Deva Tarpana, satiation of various gods who run this universe. They are also microcosmically present in each person as various good qualities inside that person. Place the water pot in front of you. Sit facing the **east** direction. The right knee should be in contact with the ground, while the left knee should be out of contact with the ground (*i.e.* place the left leg over right leg so that left knee is a little above the ground). Put some akshatas in the water pot, hold the water pot on the right hand palm, cover it with the left hand palm and say the following to request the presence of gods, rishis *etc* in that water pot. It means "may Brahma *etc* gods and Kashyapa *etc* sages, may all the great ones who live in the stomach of the cosmic egg of creation come here".

ব্রহ্মাদয়ঃ সুরাঃ সর্বে ঋষয়ঃ কশ্যপাদয়ঃ। আগচ্ছংতু মহাভাগা ব্রহ্মাংডোদরবর্তিনঃ॥

Now say the following mantras once each. Pour some water with the left hand into the open right palm. You can pour directly from the pot or use a spoon to pour. Once water is poured into the right palm, say one mantra and release the water. The water should be released such that it falls out of the right hand palm from the tips of the four fingers, *i.e.* from the area marked as "1" in the picture. If you have 3 darbhas, place them on the right hand palm with the tips of the darbhas aligned with the tips of fingers. You may insert them in a ring or something to force them to stay on the palm and not move off. If you do not have darbhas, do not worry.

If you are performing this in a river, you can stand in the river, make a bowl (an anjali) with both the palms joined together, take water in that bowl, raise the hands as high as you can, say the mantra and then drop the water via the tips of the fingers of both hands.

ওং রন্ধা তৃন্যতাম্। ওং রিষ্ণুঃ তৃন্যতাম্। ওং রন্ধঃ তৃন্যতাম্। ওং প্রজাপতিঃ তৃন্যতাম্। ওং আদিংযাঃ তৃন্যংতাম্। ওং দেরাঃ তৃন্যংতাম্। ওং দেরাঃ তৃন্যংতাম্। ওং বাদিংযাঃ তৃন্যংতাম্। ওং ছংদাংসি তৃন্যংতাম্। ওং রেদাঃ তৃন্যংতাম্। ওং ঋষয় তৃন্যংতাম্। ওং গংধর্বাঃ তৃন্যংতাম্। ওং অক্ষরসঃ তৃন্যংতাম্। ওং দেরানুগাঃ তৃন্যংতাম্। ওং নাগাঃ তৃন্যংতাম্। ওং সাগরাঃ তৃন্যংতাম্। ওং পর্বতাঃ তৃন্যংতাম্। ওং সরিতঃ তৃন্যংতাম্। ওং মনুন্যাঃ তৃন্যংতাম্। ওং যক্ষাঃ তৃন্যংতাম্। ওং রক্ষাংসি তৃন্যংতাম্। ওং পিশাচাঃ তৃন্যংতাম্। ওং সুপর্ণাঃ তৃন্যংতাম্। ওং তৃন্যংতাম্। ওং অক্ষরতাম্। ওং তৃন্যংতাম্। ওং তৃন্যংতাম্। ওং তৃন্যংতাম্। ওং তৃন্যংতাম্। ওং তৃন্যংতাম্। ওং তৃন্যংতাম্।

### Rishi Tarpana

You need to continue to sit facing east with the right knee in contact with earth. You need to use the water containing akshatas and do the same way as in Deva tarpana. Use the following mantras.

ওং কশ্যপঃ তৃন্যতাম্। ওং অত্রিঃ তৃন্যতাম্। ওং ৱসিষ্ঠঃ তৃন্যতাম্। ওং ৱিশ্বামিত্রঃ তৃন্যতাম্। ওং গৌতমঃ তৃন্যতাম্। ওং ভরদ্বাজঃ তৃন্যতাম্। ওং জমদগ্নিঃ তৃন্যতাম্। ওং অংগিরাঃ তৃন্যতাম্। ওং কুৎসঃ তৃন্যতাম্। ওং ভৃগুঃ তৃন্যতাম্।

## Change of Sacred Thread and Sitting Style

Now sit facing the **north** direction. If you are wearing the sacred thread, wear it like a necklace. Normally, sacred thread for men is worn **above** the shoulder on the **left** and **below** the shoulder (*i.e.* at the hip level) on the **right**. However, wear it like a normal necklace now, **around** the neck. Change its position **without removing it** from the body. Sit without touching either knee to the ground, *i.e.* with raised knees.

#### Divya Manushya Tarpana

Now offerings are made to some divine men. While saying the following mantras, leave water from the area below the base of the **little finger** of the right hand, *i.e.* the area marked as "2" in the picture. Pour water in the right palm, say a mantra and leave the water sideways through the portion below the little finger. If you have 3 darbhas in your hand, place them on the little finger, with the tips of darbhas aligned with the tip of little finger. Water should fall touching the *middle* of the darbhas as it leaves the palm in area "2".

ওং সনকঃ তৃপ্যতাম্। ওং সনকঃ তৃপ্যতাম্। ওং সনংদঃ তৃপ্যতাম্। ওং সনংদঃ তৃপ্যতাম্। ওং সনাতনঃ তৃপ্যতাম্। ওং সনাতনঃ তৃপ্যতাম্। ওং সনংকুমারঃ তৃপ্যতাম্। ওং সনংকুমারঃ তৃপ্যতাম্। ওং কপিলঃ তৃপ্যতাম্। ওং কপিলঃ তৃপ্যতাম্ । ওং আসুরিঃ তৃপ্যতাম্। ওং আসুরিঃ তৃপ্যতাম্। ওং রোঢুঃ তৃপ্যতাম্। ওং রোঢুঃ তৃপ্যতাম্। ওং পংচশিখঃ তৃপ্যতাম্। ওং পংচশিখঃ তৃপ্যতাম্।

## Some changes before the next sections

Sit facing the **south** direction. If you are wearing the sacred thread, wear it in reverse. In other words, wear it now **above** the shoulder on the **right** and **below** the shoulder (*i.e.* at the hip level) on the **left**. Change its position **without removing it** from the body. The left knee should be in contact with the ground, while the right knee should be above the ground and not touching it. So sit with the left leg on the ground and the right leg on top of left leg. Pour some **black sesame seeds** in the water pot.

The style of releasing water from now onwards: Take some water, hold it in the right palm, say each mantra and release it sideways from the area below the base of the **index finger**, *i.e.* from the area marked as "3" in the picture. Three offerings are made with each mantra now. If you have 3 darbhas in your hand, place them on the index finger, with the tips of darbhas aligned with the tip of the index finger. Water should be touching the base of darbhas as it leaves the palm. If you do not have darbhas, do not worry.

## Divya Pitri Tarpana

Now offerings are made to some divine spirits. These four mantras are for the fire god (who carries the burnt), water god (who carries the drowned), lord Yama (keeper of dharma and judge of people's karmas) and lord Aryaman (ruler of the domain of souls). Release water (in the style previously mentioned) whenever you encounter a number.

- ওং অগ্নিঃ তৃপ্যতাম্ ইদং সতিলং জলং ত্'েয় স্ৱধা নমঃ॥১॥ ত্'েয় স্ৱধা নমঃ॥২॥ ত্'েয় স্ৱধা নমঃ॥৩॥
- ওং সোমঃ তৃপ্যতাম্ ইদং সতিলং জলং তৃশ্মৈ স্বধা নমঃ॥১॥ তৃশ্মৈ স্বধা নমঃ॥২॥ তৃশ্মৈ স্বধা নমঃ॥৩॥
- ওং যমঃ তৃপ্যতাম্ ইদং সতিলং জলং ত্ৰৈয়ে স্ৱধা নমঃ॥১॥ ত্ৰৈয়ে স্ৱধা নমঃ॥২॥ ত্ৰৈয়ে স্ৱধা নমঃ॥৩॥
- ওং অর্যমাঃ তৃপ্যতাম্ ইদং সতিলং জলং তুস্মৈ স্বধা নমঃ॥১॥ তুস্মৈ স্বধা নমঃ॥২॥ তুস্মৈ স্বধা নমঃ॥৩॥

Next 3 mantras are for all the manes that were burnt by fire or carried by water or elevated beings that just left the body.

- ওং অগ্নিষু আত্তাঃ পিতরঃ তৃপ্যংতাম্ ইদং সতিলং জলং তেভ্যঃ স্বধা নমঃ॥১॥ তেভ্যঃ স্বধা নমঃ॥২॥ তেভ্যঃ স্বধা নমঃ॥৩॥
- ওং সোমপাঃ পিতরঃ তৃপ্যংতাম্ ইদং সতিলং জলং তেভযঃ স্বধা নমঃ॥১॥ তেভযঃ স্বধা নমঃ॥২॥ তেভযঃ স্বধা নমঃ॥৩॥ ওং বর্হিষদঃ পিতরঃ তৃপ্যংতাম্ ইদং সতিলং জলং তেভযঃ স্বধা নমঃ॥১॥ তেভযঃ স্বধা নমঃ॥২॥ তেভযঃ স্বধা নমঃ॥৩॥

#### Yama Tarpana

These are offerings to Lord Yama, who is the keeper of dharma and judge of people's karmas. Release water (in the style previously mentioned) whenever you encounter a namah.

- ওং যমায নমঃ। ওং যমায নমঃ। ওং যমায নমঃ।
- তং ধর্মরাজায় নমঃ। তং ধর্মরাজায় নমঃ। তং ধর্মরাজায় নমঃ।
- ওং সুৎযুৱে নমঃ। ওং সুৎযুৱে নমঃ। ওং সুৎযুৱে নমঃ।
- ওং অংতকায় নমঃ। ওং অংতকায় নমঃ। ওং অংতকায় নমঃ।
- ওং ৱৈৱস্বতায় নমঃ । ওং ৱৈৱস্বতায় নমঃ । ওং ৱৈৱস্বতায় নমঃ ।
- ওং কালায নমঃ। ওং কালায নমঃ। ওং কালায নমঃ।
- ওং সর্বভৃতক্ষযায নমঃ। ওং সর্বভৃতক্ষযায নমঃ। ওং সর্বভৃতক্ষযায নমঃ।
- তং ঔদুসুরায নমঃ। তং ঔদুসুরায নমঃ। তং ঔদুসুরায নমঃ।
- ওং দ্বায নমঃ। ওং দ্বায নমঃ। ওং দ্বায নমঃ।
- अः नीलाय नमः । अः नीलाय नमः । अः नीलाय नमः ।
- ওং পরমেষ্ঠিনে নমঃ। ওং পরমেষ্ঠিনে নমঃ। ওং পরমেষ্ঠিনে নমঃ।
- তং বুকোদরায নমঃ। তং বুকোদরায নমঃ। তং বুকোদরায নমঃ।

ওং চিত্রায নমঃ। ওং চিত্রায নমঃ। ওং চিত্রায নমঃ। ওং চিত্রগুপ্তায নমঃ। ওং চিত্রগুপ্তায নমঃ। ওং চিত্রগুপ্তায নমঃ।

#### Pitri Tarpana

These are offerings to various deceased ancestors of various lives. First place the water pot in front of you, bow to it and say the following. This means "may my ancestors come here and accept my water oblations".

ওং আগচ্ছংতু মে পিতরঃ ইমং গৃহণংতু জলাংজলিম্।

Use the following mantras and release water 3 times or one time with each mantra on encountering numbers, in the style previously mentioned. Please note that 3 offerings are made to 3 generations of maternal and paternal ancestors, while only one offering is made to other people.

These are generic mantras to cover all people who have a strong kaarmik connection to you, either in this life or the ones before. These mantras are applicable to all, irrespective of whether any of one's parents and other relations are alive or not. Some specific customizable mantras giving the names of a specific deceased relatives you want to cover will be given at the end.

To beings who played the role of father in various lives to you:

মম সর্ৱজনেম্যু পিতরঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভযঃ স্বধা নমঃ ॥১॥ তেভযঃ স্বধা নমঃ ॥২॥ তেভযঃ স্বধা নমঃ ॥৩॥

To beings who played the role of father's father in various lives to you:

মম সর্বজন্মেষু পিতামহাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভয়ঃ তেভয়ঃ স্বধা নমঃ ॥১॥ তেভয়ঃ স্বধা নমঃ ॥২॥ তেভয়ঃ স্বধা নমঃ ॥৩॥

To beings who played the role of father's father in various lives to you:

মম সর্বজন্মেষু প্রপিতামহাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভযঃ স্বধা নমঃ ॥১॥ তেভযঃ স্বধা নমঃ ॥২॥ তেভযঃ স্বধা নমঃ ॥৩॥

To beings who played the role of mother in various lives to you:

মম সর্বজিনেময়ু মাতরঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বর্ধাযিভযঃ তাভযঃ স্বধা নমঃ ॥১॥ তাভযঃ স্বধা নমঃ ॥২॥ তাভযঃ স্বধা নমঃ ॥৩॥

To beings who played the role of father's mother in various lives to you:

মম সর্বজন্মেষু পিতামহয়ঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধায়িভয়ঃ তাভয়ঃ স্বধা নমঃ ॥১॥ তাভয়ঃ স্বধা নমঃ ॥২॥ তাভয়ঃ স্বধা নমঃ ॥৩॥

To beings who played the role of father's father's mother in various lives to you:

মম সর্বজনেমমু প্রপিতামহয়ঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভয়ঃ তাভয়ঃ স্বধা নমঃ ॥১॥ তাভয়ঃ স্বধা নমঃ ॥২॥ তাভয়ঃ স্বধা নমঃ ॥৩॥

To beings who played the role of wife in various lives to you:

মম সর্বজন্মেষু পংন্যঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভয় তাভয়ঃ স্বধা নমঃ ॥১॥

To beings who played the role of husband in various lives to you:

মম সর্বজন্মেষু পতয়ঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভয়ঃ তেভয়ঃ স্বধা নমঃ ॥১॥

To beings who played the role of son in various lives to you:

মম সর্বজন্মেষু পুত্রাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভয়ঃ তেভয়ঃ স্বধা নমঃ ॥১॥

To beings who played the role of daughter in various lives to you:
মম সর্বজন্মেষু কন্যাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তাভযঃ স্বধা নমঃ ॥১॥

To beings who played the role of step-mother in various lives to you:
মম সর্বজন্মেষু সাপত্নমাতরঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তাভযঃ স্বধা নমঃ ॥১॥

To beings who played the role of mother's father in various lives to you:

মম সর্বজনেময়ু মাতামহাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভয়ঃ তেভয়ঃ স্বধা নমঃ ॥১॥ তেভয়ঃ স্বধা নমঃ ॥২॥ তেভয়ঃ স্বধা নমঃ ॥৩॥

To beings who played the role of mother's father's father in various lives to you:
মম সর্বজন্মেষু প্রমাতামহাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভযঃ স্বধা নমঃ ॥১॥ তেভযঃ স্বধা নমঃ ॥১॥
তেভযঃ স্বধা নমঃ ॥৩॥

To beings who played the role of mother's father's father in various lives to you:
মম সর্বজন্মেষু বৃদ্ধপ্রমাতামহাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভযঃ স্বধা নমঃ ॥১॥ তেভযঃ স্বধা নমঃ ॥২॥
তেভযঃ স্বধা নমঃ ॥৩॥

To beings who played the role of mother's mother in various lives to you:
মম সর্বজন্মেষু মাতামহযঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তাভযঃ স্বধা নমঃ ॥১॥ তাভযঃ স্বধা নমঃ ॥১॥ তাভযঃ স্বধা নমঃ ॥১॥

To beings who played the role of mother's father's mother in various lives to you:
মম সর্বজন্মেষু প্রমাতামহযঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তাভযঃ স্বধা নমঃ ॥১॥ তাভযঃ স্বধা নমঃ ॥২॥
তাভযঃ স্বধা নমঃ ॥৩॥

To beings who played the role of mother's father's mother in various lives to you:
মম সর্বজন্মেষু র্দ্ধপ্রমাতামহযঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তাভযঃ স্বধা নমঃ ॥১॥ তাভযঃ স্বধা নমঃ ॥১॥
তাভযঃ স্বধা নমঃ ॥৩॥

To beings who played the role of brother in various lives to you: মম সর্বজন্মেষু দ্রাতরঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভযঃ স্বধা নমঃ ॥১॥

To beings who played the role of sister in various lives to you:
মম সর্বজন্মেষু ভগিন্যঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভ্যঃ তাভ্যঃ স্বধা নমঃ ॥১॥

To beings who played the role of father's brother in various lives to you:
মম সর্বজনেম্যু পিতৃত্ব্যাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভ্যঃ স্বধা নমঃ ॥১॥

To beings who played the role of mother's brother in various lives to you: মম সর্বজন্মেষু মাতুলাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভযঃ স্বধা নমঃ ॥১॥

To beings who played the role of step-brother in various lives to you:
মম সর্বজন্মেষু সাপত্নতাতরঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভযঃ স্বধা নমঃ ॥১॥

To beings who played the role of step-sister in various lives to you: মম সর্বজন্মেয়ু সাপত্নভগিন্যঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তাভ্যঃ স্বধা নমঃ ॥১॥

To beings who played the role of father's sister in various lives to you: মম সর্বজন্মেষু পিতৃভগিন্যঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তাভ্যঃ স্বধা নমঃ ॥১॥ To beings who played the role of mother's sister in various lives to you:

মম সর্বজন্মেষু মাতৃভগিন্যঃ তৃপ্যংতাম ইদং তিলোদকং স্বধাযিভ্যঃ তাভ্যঃ স্বধা নমঃ ॥১॥

To beings who played the role of father-in-law in various lives to you:

মম সর্ৱজন্মেষু শ্বশুরাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভযঃ তেভযঃ স্বধা নমঃ ॥১॥

To beings who played the role of mother-in-law in various lives to you:

মম সর্বজন্মেষু শ্বশুরপংন্যঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভ্যঃ তাভ্যঃ স্বধা নমঃ ॥১॥

To beings who played the role of guru (teacher) in various lives to you:

মম সর্বজন্মেষু গুরৱঃ তৃপ্যংতাম ইদং তিলোদকং স্বধাযিভ্যঃ তেভ্যঃ স্বধা নমঃ ॥১॥

To beings who played the role of guru's wife in various lives to you:

মম সর্বজন্মেষু গুরুপৎন্যঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভ্যঃ তাভ্যঃ স্বধা নমঃ ॥১॥

To beings who played the role of sishya (disciple) in various lives to you:

মম সর্বজন্মেষু শিশ্যাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভয়ঃ তেভয়ঃ স্বধা নমঃ ॥১॥

To beings who played the role of friend in various lives to you:

মম সর্বজনেময় সখাঃ তৃপ্যংতাম ইদং তিলোদকং স্বর্ধাযিভয়ঃ তেভয়ঃ স্বধা নমঃ ॥১॥

To beings who played the role of a dear one in various lives to you:

মম সর্বজনেম্য আপ্তজনাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভ্যঃ তেভ্যঃ স্বধা নমঃ ॥১॥

To beings who played the role of one born in the same lineage in various lives to you:

মম সর্বজন্মেষু স্বকুলজাতাঃ তৃপ্যংতাম্ ইদং তিলোদকং স্বধাযিভয়ঃ তেভয়ঃ স্বধা নমঃ ॥১॥

## **Customization for Specific Deceased Persons**

The exhaustive list above covers various people who were close to us in various lives and left a kaarmik imprint on our soul and resulted in some kaarmik predispositions in this life.

Now, if you want to offer tarpana to a specific deceased person, use the following customization. Based on whether the deceased is a man or woman, pick the correct mantra from below. Substitute the gotra, relation and name in the mantra to get a customized mantra.

If the deceased person is a man from List A:

Gotra গোত্রঃ মম Relation Name তৃপ্যতাম ইদং তিলোদকং ত্রৈ স্থুধা নমঃ॥১॥ ত্রৈ স্থুধা নমঃ॥২॥ ত্রৈ স্থুধা নমঃ॥৩॥

If the deceased person is a **woman** from List A:

Gotra গোত্রা মম Relation Name তৃপ্যতাম ইদং তিলোদকং তুস্যৈ স্থুধা নমঃ॥১॥ তুস্যৈ স্থুধা নমঃ॥২॥ তুস্যৈ স্থুধা নমঃ॥৩॥

If the deceased person is a man from List B:

Gotra গোত্রঃ মম Relation Name তৃপ্যতাম ইদং তিলোদকং তুম্মৈ স্বধা নমঃ॥১॥

If the deceased person is a woman from List B:

Gotra গোত্রা মম Relation Name তৃপাতাম ইদং তিলোদকং তল্যৈ স্বধা নমঃ॥১॥

In all the cases, the word "Gotra" in the mantras is to be replaced by the gotra name of the deceased person (e.g. Vasishtha, Gautama, Angirasa, Bharadwaja, Kaushika, Atri etc). Gotra of a person traces to the Rishi (sage) from whom the family line originated. If the gotra is not known, one can use Achyuta (আহ্বাত) for those who prefer Vishnu and Shiva (ত্বিব) for those who prefer

Shiva, as the default gotra. The word "Name" in the mantras is to be replaced by the actual name of the deceased person. The word "Relation" in the mantras is to be replaced by the Sanskrit word describing the relationship of the deceased person to you. Get it from

the following tables. Please note that tarpana can be offered to several specific people. In that case, repeat the above mantra by inserting the gotra, name and relationship corresponding to each.

Get the Sanskrit words for relationship from the table below.

## **List A (paternal/maternal ancestors):**

Father: পিতা Mother: মাতা

Father's father: পিতামহঃ Father's mother: পিতামহী

Father's father's father: প্রপিতামহঃ Father's father's mother: প্রপিতামহী

Mother's father: মাতামহঃ Mother's mother: মাতামহী

Mother's father's father: প্রমাতামহঃ Mother's father's mother: প্রমাতামহী

Mother's father's father's father: বৃদ্ধপ্রমাতামহঃ Mother's father's father's mother: বৃদ্ধপ্রমাতামহী

#### *List B* (others):

Wife: পত্নী Husband: পতিঃ Son: পুত্রঃ Daughter: কন্যা

Daughter-in-law: পুত্রপত্নী Son's son: পৌত্রঃ Son's daughter: পৌত্রী

Son-in-law: জামাতা Daughter's son: দৌহিত্ৰঃ Daughter's daughter: দৌহিত্ৰী

Brother: ভ্রাতা Sister: ভগিনী

Step-mother: সাপতুমাতা Step-father: সাপতুপিতা Step-brother: সাপতুমাতা Step-sister: সাপতুভগিনী

Father's brother: পিতৃবাঃ Mother's brother: মাতুলঃ

Father's sister: পিতৃভগিনী Mother's sister: মাতৃভগিনী

Father-in-law: শ্বশুরঃ Mother-in-law: শ্বশুরপত্নী

Male teacher: গুরুঃ Male teacher's wife: গুরুপত্নী

Female teacher: গুৰী Female teacher's husband: গুৰীপতিঃ

Disciple: শিষ্যঃ Friend: সখা

A dear one: আওজনঃ One born in the same lineage: স্বুকুলজাতঃ

## Conclusion

While releasing water continuously in the style previously mentioned, recite the following verses.

নরকেষু সমস্তেষু য়াতনাসু চ য়ে স্থিতাঃ। তেষাং আপ্যায়নায়ৈতদ্দীয়তে সলিলম ময়া॥ য়ে বাংধবা বাংধবাশ্চ য়েন্যজন্মনি বাংধবাঃ। তে তৃপ্তিমখিলা য়ান্তু য়শ্চাম্মন্তোভিবাংছতি॥ য়ে মে কুলে লুপ্তপিংডাঃ পুত্রদার বিবর্জিতাঃ। তেষাং হি দত্তমক্ষয়্য়ং ইদমস্তু তিলোদকং॥ আব্রহ্মস্তম্বপর্যন্তং দেবর্ষিপিতৃমানবাঃ। তৃপ্যংতু পিতরঃ সর্বে মাতৃ মাতামহাদয়ঃ॥ অতীতকুলকোটীনাং সপ্তদ্বীপনিবাসিনাং। আব্রহ্মভুবনাত লোকাত ইদমস্তু তিলোদকং॥

Now throw away the remaining water in the pot, clean it and take fresh water in it. Put back the **sacred thread** in the **normal** way (see previous sections for the description). Sit facing the **east**. While saying the following, offer fresh water through the region marked as "1" in the picture (tips of fingers) to gods, like in Deva tarpana described earlier.

ওং স্য়ায় নমঃ। ৩ং রহ্মণে নমঃ। ৩ং অগ্নয়ে নমঃ। ৩ং পৃথিব্যৈ নমঃ। ৩ং বরুণায় নমঃ। ৩ং বিষ্ণবে নমঃ।

Say the following and think that you have surrendered the doership of the just finished action to the Lord. Now you should try to completely abandon the thought that "you" did it.

অনেন য়থাশক্তিকৃতেন দেবর্ষিপিতৃ তর্পণাখ্যেন কর্মণা ভগবান পিতৃত্বরূপী জনার্দন বাসুদেবঃ প্রীয়তাং ন মম। ওং তত সত। ওং সর্বং শ্রী কৃষ্ণার্পণমস্তু। ওং লোকাঃ সমস্তাঃ সুখিনো ভবংতু। ওং সর্বে জনাঃ সুখিনো ভবংতু। ওং শাংতিঃ শাংতিঃ শাংতিঃ।