

ॐ श्री महागणपतये नमः

ॐ श्री गुरुभ्यो नमः

ॐ ऋषिभ्यो नमः

Simplest Mangala Homa

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Introduction

Lord Mangala/Kuja/Angaraka (Mars) personifies our initiative, drive and fighting spirit. He helps overcome diseases and enemies and blesses with energy when he has strong control over a person's life (based on dasas and transits). His homa can be done every day or every Tuesday or every on Dasami tithi or on Anuradha nakshatra.

Preparation

Find a standard homa kunda or simply a small vessel/utensil made of copper/silver/bronze/steel, in square/circular/rectangular shape. Even if it was used for cooking earlier, it's ok. Clean it thoroughly, dry it and use it. We'll simply call it "homa kunda" in this writeup.

Find some ghee (clarified butter). If not available, use sesame oil or some other oil. Find a copper/silver/steel cup/tumbler/vessel to keep melted ghee. Find a copper/silver/steel spoon for offering ghee.

Find another tumbler and spoon for water. Keep a matchbox and camphor (if available) ready.

If possible, get some dry coconut (copra) halves at a nearby store and make small pieces (roughly 1 inch x 1 inch). If not, collect some fallen dry twigs from nearby trees (or other firewood). If you have dried cowdung pieces, you can use those too.

If you have black/brown/white sesame seeds and any unsalted plain nuts (e.g. cashews, almonds etc), you can use them too.

Some Precautions

Do NOT consume meat or alcohol or drugs on the previous day. Sleep well and get up early on the day of homa. Take bath and wear clean clothes that you feel comfortable in (no need for traditional clothes if they make you uncomfortable, as being in a calm state of mind is more important than externalities).

If possible, it is ideal to do homa in an open space outdoors. When doing in a closed room, one should have enough ventilation to avoid accumulation of smoke in the room, resulting in smoke inhalation. One should also take precautions and avoid fire hazards like inflammable substances near the homa.

Procedure: Pre-Fire Stage

Sit down facing east and place the homa kunda in front of you.

Place some water in your right palm. If you are *not* comfortable with Sanskrit, say this:

For the establishment of Dharma on earth and for the well-being and peace of all people, I shall do a Mangala Homa within my abilities.

If you are comfortable with Sanskrit, say this:

भूलोकं धर्मं स्थापनार्थं सर्वेषां जनानां सुखं शान्तिं सिद्ध्यर्थं मंगलं होमकर्म यथाशक्ति करिष्ये

After saying it, drop the water in front of you, over the tips of fingers.

Place a couple of copra pieces (or twigs) in homa kunda and light them with a matchstick (use a camphor for ease if you have), while saying the following and imagining that Holy Fire will cooperate in this ritual:

ॐ भूर्भुवस्सुवरोम्

Procedure: Initial Offerings in Fire

Say this and offer a drop of ghee in fire while imagining that you are surrendering your consciousness to Prajapati, via Holy Fire:

ॐ प्रजापतये स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering your faculty of inspired perception to Indra, via Holy Fire:

ॐ इन्द्राय स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering your faculty of logical and structured thinking to Agni, via Holy Fire:

ॐ अग्नये स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering your faculty of feeling and intuition to Soma, via Holy Fire:

ॐ सोमाय स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering your awareness of physical, mental and spiritual realms to Prajapati, via Holy Fire:

ॐ भूर्भुवस्सुवः स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering your ability to plan and avoid obstacles to Ganesha, via Holy Fire:

ॐ गं गणपतये नमः स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering your ability to persist and overcome problems to Varuna, via Holy Fire:

ॐ वं वरुणाय नमः स्वाहा

Procedure: Offerings to Main Deity

Imagine that lord Mangala has entered Holy Fire and accepting your offerings.

Say one of the following 4 mantras and offer a drop of ghee (or sesame seeds or nuts) in fire while imagining that Lord Mangala is accepting it:

ॐ मं मंगलाय नमः स्वाहा

ॐ धरणीगर्भं संभूतं विद्युत्कांतिं समग्रभं। कुमारं शक्तिहस्तं तं मंगलं प्रणमाम्यहं। स्वाहा।

ॐ अंगारक महीपुत्र भगवन् भक्तवत्सल। नमोऽस्तु ते ममाशेष ऋणमाशु विमोचय। स्वाहा।

Warning: Ignore the mantra below if you are uncomfortable with Vedic intonation (swara). You can chant flat also.

ॐ अ॒ग्नि॒र्मूर्ध्ना॑ दि॒वः क॒कुत्प॑तिः पृथि॒व्या अ॒यं। अ॒पा॒ऽरेता॑ऽसि जिन्वति। स्वाहा॑।

You can do this as many times as you can. You can do one mantra for sometime and the other for some more stime. You can also use any other mantras you are attached to.

Don't rush. Imagine that lord is in fire, accepting your offerings and mantra. Imagine that his blessings are coming to you. Try to develop that feeling and enjoy it.

Procedure: Final Offerings in Fire

Say this and offer a drop of ghee in fire while imagining that you are surrendering your physical experiences to Agni, *via* Holy Fire:

ॐ भूः अ॒ग्नये॑ स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering your mental experiences to Vayu, *via* Holy Fire:

ॐ भुवः वा॒यवे॑ स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering your spiritual experiences to Surya, *via* Holy Fire:

ॐ सुवः सूर्या॑य स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering everything physical, mental and spiritual that is being created inside you, to Prajapati, *via* Holy Fire:

ॐ भूर्भुवः॑स्सुवः स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering everything physical, mental and spiritual that is being sustained inside you, to Vishnu, *via* Holy Fire:

ॐ विष्णवे॑ स्वाहा

Say this and offer a drop of ghee in fire while imagining that you are surrendering everything physical, mental and spiritual that is being destroyed inside you, to Rudra, *via* Holy Fire:

ॐ रुद्राय॑ स्वाहा

Procedure: Poornahuti (Complete Offering)

Say this and offer a big copra piece or a nut or a twig or a big drop of ghee in fire while imagining that you are surrendering your sense of being to Lord Mangala:

ॐ मं मंग॑लाय नमः स्वाहा

Say this and offer a drop of ghee in fire while imagining that Holy Fire with seven tongues is pleased:

ॐ अ॒ग्नये॑ सप्त॒वते॑ स्वाहा

Meditation

Now, meditate as long as you can, with the following mantra (or any other mantra you like).

ॐ मं मंग॑लाय नमः

At the end, say this while imagining that peace descends on you and others:

ॐ शान्तिः शान्तिः शान्तिः